



**FREE**

# Fall Community Kitchens

## Cook, Eat and Connect!

**Learn to cook delicious, healthy food with new friends!**

### Community Kitchen in Fleetwood

**Wednesdays, 12:30 – 3:30 pm**  
September 11, 18, 25 + October 2, 9, 16

**At Fleetwood Community Centre**  
15996 84 Avenue, Surrey, BC

### Seniors Community Kitchen in Newton

**Mondays, 3:30 – 7:30 pm**  
September 30 + October 7, 21, 28 + November 4, 18

**At Newton Seniors Centre**  
13775 70 Avenue, Surrey, BC

FUNDING BY:



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### REGISTER



**604-547-1325**



**kitchen@dcrs.ca**



### Who's eligible?

- Seniors
- Parents of young children (0-5)
- Low-income Surrey residents