

Childcare Options and Recreational Activities

There are many different childcare options and recreational activities for kids in the South Fraser Region, including the First Steps Early Years Program, Child Care Resource and Referral Centres, StrongStart Programs and more! Check out below for additional details.

First Steps Early Years Refugee Program

1



The First Steps Early Years Refugee Program is a play-based program designed for newly arrived refugee children aged birth to five and their parents or caregivers.

2



Services provided at First Steps:

- Family Drop-In program
- Play-based early childhood education
- Parenting workshops
- Nutrition, health & wellness support
- Crisis counselling
- Father's groups
- Middle-years activities for 6-12 year-old siblings in First Steps families
- Home-visiting service
- Outreach service

3



Eligibility:

For government or privately sponsored refugee families with children (aged 6 and under) wanting to learn about parenting in a Canadian context.

Get in Contact with First Steps

Locations

First Steps (Newton)
201 - 7380 137 Street
Surrey, BC V3W 1A3

First Steps (Guildford) - Umoja
14888 104 Avenue
Surrey, BC V3R 1M4

Contact

first.steps@options.bc.ca



Child Care Resource and Referral Centres

Child Care Resource and Referral Centres (CCRRs) can help connect you with early years services and refer you to childcare providers. They are the best resource to go to when looking for affordable and available childcare options.

Delta/Surrey/White Rock

Options Community Services Society

Website: www.options.bc.ca/

Tel: 604-572-8032

Email:

childcareoptions@options.bc.ca

(General Enquiries)

ECDrefer@options.bc.ca

(Childcare Referrals)

Langley

Langley Community Services Society

Website: www.lcss.ca/

Tel: 604-533-4425

Email: langccrr@lcss.ca



StrongStart

StrongStart BC centres operate on a drop-in basis during the school year, and are intended for children aged 0-5, along with their parent or caregiver.

Registration:

To register for a StrongStart BC program, first find a location near you. You will complete a registration form on your first day. Please also be prepared to provide legal proof of identification for your child, including a birth certificate or immigration document (passport, visa, PR card).

To find your closest StrongStart location, visit the [Strong Start BC Map](#)



FIND A PARKS & RECREATION CENTRE NEAR YOU!

The place to be for activity!

There are always ways to stay active in your community!

Find the location closest to you:

1

SURREY PARKS & RECREATION

Get access to outdoor sports and athletic facilities. Explore Surrey parks, recreational facilities, school and online programming and more! Also, be sure to check out Surrey's Recreational Guide for seasonal programs.

Click the link to learn more: [Surrey Parks & Recreation](#)

2

DELTA PARKS & RECREATION

Explore Delta's Sports and Activities, including Parks and Trails. Be sure to ask about their senior services.

Click the link to learn more: [Delta Parks & Recreation](#)

3

LANGLEY PARKS & RECREATION

Get involved with Langley parks and recreation activities & programs, facilities and arenas. There are also many different park trails and amenities to explore !

Click the link to learn more: [Langley Parks & Recreation](#)

4

WHITE ROCK PARKS & RECREATION

Check out White Rock's programs & memberships, drop-in schedules, seniors program and many more facilities!

Click the link to learn more: [White Rock Parks & Recreation](#)



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FUNDING BY:



SOUTH FRASER
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